



Caring for a Life Time of Healthy Smiles



**Dr. Niloofar Zarkesh, D.D.S., M.S.**  
Diplomate of the American Board of Periodontology  
Specialist in Periodontics and Dental Implants

**386 South Monroe Street**  
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**(408) 998-8008**  
[www.perio4u.com](http://www.perio4u.com)



## Perio4U Treatment Services

### Periodontal Treatments

- Periodontal Osseous Surgery
- Crown Lengthening Surgery
- Gingivectomy Surgery
- Treatment of Altered Passive Eruption (Gummy Smile)
- Smile Design Enhancement
- Biopsy and Oral CDX
- Pre and Post Orthodontic Treatment and Consultation
- Treatment of Perio/Endo Lesions
- Hemisection and Root Amputation Surgeries
- Extraction of Hopeless Teeth

### Regenerative Procedures

- Free Gingival Graft
- Connective Tissue Graft
- Laterally Positioned Pedicle Graft
- Soft Tissue Allograft
- Guided Tissue Regeneration
- Bone Graft of Vertical Defects and Furcation Involvement
- Socket Preservation Bone Graft
- Guided Bone Regeneration
- Ridge Augmentation

## Dental Implant Procedures

- Dental Implant Placement
- Sinus Grafting Procedure (Window Technique and/or Vertical Augmentation)
- Implant Uncovery
- Treatment of Periimplantitis
- Guided Bone Regeneration around Compromised Implants
- Implant Removal and Bone Graft
- Periodontal Maintenance of Implants and Monitoring

## None Surgical Treatments

- Microbial Sampling, Culture and Antibioqram and Systemic Antibiotic Treatment of Specific Aggressive Infections
- Salivary Diagnostics (Oral HPV, Genetic Risk Assessment, Bacterial risk Assessment)
- Scaling and Root Planing
- Periodontal Maintenance Therapy (SPT)
- Oral Irrigation
- Local Delivery of Chemotherapeutics and Antibiotics
- Oral Conscious Sedation and Nitrous Oxide Sedation, IV Sedation by Arrangements with Anesthesiologist

## Dr. Niloofar Zarkesh Biography



**Dr. Niloofar Zarkesh** is a specialist in the field of Periodontics. She has achieved Diplomate status from the American Board of Periodontology in 2004 and is certified by the American Board of Periodontology.

She started Perio4U Periodontal Practice in San Jose in 2003 and has recently moved her practice in San Jose to a brand new beautiful facility close to Santana Row and Valley Fair Mall.

Dr. Niloofar Zarkesh attended University of Southern California (USC) Periodontics Specialty Program from 1995 to 1998. She obtained her Certificate in Periodontics and Masters in Craniofacial Biology at completion of this program in 1998.

She has been licensed to practice dentistry in the State of California since 1996 and has been in private practice in Southern and Northern California since her graduation.

Dr. Niloofar Zarkesh attended a Periodontics Preceptorship Program at the University of California Los Angeles (UCLA) in 1993-1994. She

received her dentist (D.D.S.) degree from the National University of Iran in 1992.

She has taught Periodontics residents at USC, dental students at UOP and Dental Hygiene students at Western Career College Program.

## Our Mission

Our mission is to provide outstanding periodontal care in a supportive friendly and comfortable environment for our patients with the newest in technology.

Our goal is to keep healthy teeth and gums for life and replace missing teeth with dental implants in a state of the art facility with the collaboration of our referral team.

EAT WELL!

SPEAK EASILY!

LIVE HEALTHY!

AND SMILE FOREVER!

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## Our Commitment to Education

We are committed to educating our patients about prevention and treatment of periodontal diseases. We have periodic question and answer sessions for our patients and/or their friends and family in our conference center.



We provide continuing education courses and interactive sessions to our referring doctors and their staff in our conference center. If you are interested in joining us in one of our ongoing educational programs, please let us know.

